



A message from Gifty

Greetings members of our community! I hope you and your families are doing well. I'm going to speak to you about a nationwide study for unpaid caregivers across cultures in Canada.

Family caregivers provide unpaid care and are the backbone of the healthcare system. They play an important role in supporting their family members and others close to them. We would like to learn more about the health and well-being of unpaid caregivers as men and women from various racial and ethnic populations. This kind of study is lacking in Canada, and we hope to be able to gather important information from caregivers themselves.

Participants in the study will be asked to complete a survey. This survey takes about 30 minutes. Most people will complete the survey online, but if help with translation or access to a computer is needed, we can help with that.

The information from the surveys will help us identify gaps in needs, services, and care. Kindly participate in this study and inform your family members, friends, or anyone you know who may be eligible to participate. It is important that our views and experiences are captured in research to inform strategies that could help our communities. Have your voice heard. Thank you.