



***Are you a caregiver?  
We want to learn more  
about **YOUR** experience!***

**Survey responses will help  
our team at the University of  
Toronto understand how  
race, ethnicity, sex, and  
gender shape unpaid  
caregiver's well-being in  
Canada.**



**Caregiving  
Across Cultures  
In Canada**

**To take part, you must be:**

- **Over 18 years old**
- Providing **unpaid care** for a family member/friend who is also **over 18-year-old**
- Caring for someone in their home or your home

**For more information**

**Email: [unpaid.caregivers@utoronto.ca](mailto:unpaid.caregivers@utoronto.ca)**

**Call: 1-888-566-2515 (Toll free number)**

**Website: [www.unpaidcaregivers.ca](http://www.unpaidcaregivers.ca)**

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